

Orange County LGBT Resources: for youth, parents, and professionals

The LGBT Center OC: The LGBT Center OC is the most comprehensive health and social service organization specifically targeting Orange County's LGBTQ community and serves over 10,000 clients annually. The mission of The Gay and Lesbian Community Services Center of Orange County is to advocate on behalf of the Orange County lesbian, gay, bisexual, transgender, and queer/questioning (LGBTQ) community and to provide services that ensure its well-being and positive identity. The LGBT Center OC offers services and groups for youth and counseling for individuals, couples, youth and families in English and Spanish.

The LGBT Center OC
1605 N. Spurgeon Street
Santa Ana 92701

714-953-5428

www.lgbtcenteroc.org

There are two PFLAG groups in Orange County. Info is here: <http://bpflag.org/>

North OC PFLAG: <http://bpflag.org/localchapters/orange-county-chapter>

1st Wednesday of each month from 7:30-9pm (or later).

Orientation for newcomers begins at 7:15pm.

First United Methodist Church

161 S. Orange St., Orange, CA 92866

[714.997.8047](tel:714.997.8047) or brendathompsonpflag@gmail.com

South OC PFLAG: <http://bpflag.org/localchapters/south-orange-county-chapter/>

3rd Wednesday of each month from 7-9pm

St. Georges Parish

23802 Avenida De La Carlota, Laguna Hills, CA 92653

[949-459-2834](tel:949-459-2834) or pflagsouthoc@cox.net

TG Rainbow: An all-inclusive support group which provides support to anyone who is transgender or questioning, as well as to friends or family members and allies. <http://www.mach25media.com/tgr.html>

La Familia: Spanish speaking support group for parents, friends and family of members of the Latino LGBTQ community. Come participate in talks and discussions in an open and confidential safe space. Contact decoloresoc@facebook.com

OCFTM: OCTFM Provides various groups, community and support for persons who are MTF, FTM, gender-variant or intersex, as well as families, allies, spouses and friends. <http://www.ocftm.com/>

BeingME: A peer support and discussion group that helps participants to learn about and understand themselves, while dealing with issues important to MTFs, as well as others who may be exploring their gender identity. www.beingme-oc.org

Shift Happens: A place for parents, partners, and families of Transgendered loved ones. We meet the first Sunday of each month in the Santa Ana/Tustin area at 6pm. Email:

Shifthappensoc@gmail.com www.shifthappensoc.org.

National Organizations and Websites:

- **GSA Network:** <http://www.gsanetwork.org/>

- The **Gender and Sexuality Alliance Network** is a youth-led organization that connects school based **Gender and Sexuality Alliances** (GSAs) to each other and community resources.
- **GLSEN Gay Lesbian Straight Education Network:** <http://www.glsen.org>
- **Trans Youth Family Allies:** <http://imatyfa.org/>
- **TransKids Purple Rainbow Foundation:** A site dedicated to supporting families of transgender children, raising money for research and outreach programs, and educating society so that transgender children will be treated fairly. <http://www.transkidspurplerainbow.org/>

Resources for Administrators, Educators and School Personnel

- American Psychological Association: <http://www.apa.org/pi/lgbt/resources/just-the-facts.pdf>
- Human Rights Campaign Fund: <http://www.welcomingschools.org/pages/download-an-introduction-to-welcoming-schools>
- US Department of Ed: Ensuring Safe Schools for LGBT Youth: <http://www.ed.gov/blog/2013/02/ensuring-safe-schools-for-lgbt-youth/>
- Fair Education Act Website: <http://www.faireducationact.com/>
- California Dept. of Ed. Bullying Resources: <http://www.cde.ca.gov/ls/ss/se/bullyres.asp>

The Trevor Project:

<http://www.thetrevorproject.org/>

Trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now at 866-488-7386.

Laura W. Kanter, MSW | Director of Policy, Advocacy and Youth Programs

She| Her | Hers

LGBT Center OC



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t: 714-953-5428 | xt: 206

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